



LIFE OF AGONY

*****Double 'River Runs Again: Live 2003' Album + DVD released October 20th on SPV, UK Tour early November*****

Keith Caputo: vocals

Joey Z.: guitars

Alan Robert: bass

Sal Abruscato: drums

Brooklyn, New York's LIFE OF AGONY, have reformed and are set to release a double live album, 'River Runs Again: Live 2003', through SPV on October 20th. The original line-up is back with their angst-ridden blend of raw emotion and unforgettable down-tuned grooves. The group won over a huge horde of fans worldwide during the decade in which the band was active, and gained even more fans in their absence. Their reunion has opened the door to endless possibilities to come.

In addition to the 18 blistering live tracks, recorded at the band's two sold out reunion shows at Irving Plaza in New York on January 3rd and 4th 2003, are three bonus tracks featuring LOA band members' side projects – Among Thieves (Alan Robert), Supermassiv (Sal Abruscato) and a Keith Caputo solo track. A DVD of the same name is to be released simultaneously with the double live CD, containing extra bonus material, including in-depth band interviews, interactive menu screens and never-before-seen video footage from the band's personal tour archives.

LIFE OF AGONY, who are currently on the road in Europe, with Breed 77 in the special guest slot and Fony opening, are set to bring this rock juggernaut into the UK for the following live dates:-

7th November Glasgow Garage

8th November Nottingham Rock City

9th November London Astoria

Whether it was the intensity of their live performances or the haunting melodies & lyrical content, the group radiated a passion and emotion that struck a chord in the hearts of misunderstood youth all over the world. The underlying message of strength, hidden within the group's tales of despair, made a huge impact.

In 1993 Life Of Agony signed to Roadrunner Records and recruited longtime friend Josh Silver (of the platinum-selling goth/metal act Type O Negative) to produce them, creating the now classic debut album, 1993's "*River Runs Red*." The band toured relentlessly for years building an ever-increasing, hugely loyal fanbase. With each following record, 1995's "*Ugly*" and 1997's "*Soul Searching Sun*" the group seemed to morph and evolve, using different approaches and textures while never losing sight of the distinct elements that made them who they were.

Life Of Agony toured with the likes of Ozzy Osbourne, Korn, Limp Bizkit, System of a Down and Incubus with great success in support of their 3 studio albums.

Cont...

The LOA band members had been good friends since early childhood, and remained as closely knit as a family. Like all families do, they shared internal problems and conflicts from time to time. Unfortunately, the group ended up imploding over a series of decisions involving member changes, personal issues and differences in musical direction. Original drummer Sal Abruscato exited in 1995 and lead vocalist Keith Caputo left the group in 1997. The remaining members, guitarist Joey Z and bassist Alan Robert, struggled to rekindle the fire that once drove the group by collaborating with new players such as ex-Ugly Kid Joe frontman Whitfield Crane, but finally decided to call it quits in 1999.

Then for two nights, January 3rd and 4th of 2003, the magic was rekindled. LOA announced what was originally only meant to be a one-off reunion show, with all four original members together again on stage for the first time since 1995. But after the first date sold out in under 20 minutes, a second gig was announced to ensure that more fans would get a chance to witness the historic occasion.

Ask bassist Alan Robert his thoughts on the reunion and he will tell you, *“After all we’ve been through together, it’s apparent that we have a rare and special chemistry that cannot be duplicated.”* Guitarist Joey Z states, *“We always did what we did because we are fans of the music first.”*

With the British dates already edging towards selling out, Life Of Agony already know that their UK audience has certainly not forgotten them. And when new young rock fans hear ‘River Runs Again: Live 2003’, they are sure to be won over to this band’s unique, heavy, powerful, melodic, hard rock sound.

Got The Runs – Roland Hyams on 020 8677 8466 / 020 8769 6713.

roland@workhardpr.com

www.workhardpr.com

www.lifeofagony.com

6.10.03